FARNBOROUGH AND CAMBERLEY CYCLING CLUB

RULES

(Revised and updated March 2023)

1. NAME
   The club shall be known as the Farnborough and Camberley Cycling Club.

2. OBJECTS
   The objects of the club are to unite its members to promote all aspects of the sport and pastime of cycling for enthusiasts, for their mutual benefit.

3. CLUB COLOURS
   The club colours shall be red, blue and yellow, or to the specification of a sponsor.

4. HONORARY POSITIONS
   The President and Vice-Presidents shall be honorary and life-time appointments made by the club in General meetings.

5. CLUB OFFICIALS
   The club officials shall be:

Chairperson	Webmaster and Social Media Editors
General Secretary	Clothing Secretary
Membership Secretary	Treasurer
Time Trial Secretary	Track Secretary
Road Race Secretary	Social Secretary
Ride Leaders	News Editor
Members Without Portfolio	Off-road Secretary
Instagram Manager	Welfare Officer
Ride Secretary	Women's Ambassador

6. ELECTION OF OFFICIALS
   a) A list of members currently holding the above positions shall be included with the Notice of the Annual General Meeting showing whether they wish to stand for re-election. Nominations for positions on the Committee should be made in writing to the General Secretary no less than 21 days prior to the Annual General Meeting.

   b) The Chairperson of the Annual General Meeting may only accept at the meeting nominations for posts for which no nominations have been received in writing.

7. COMMITTEES
   a) The Management Committee shall be responsible for the overall management of the club's affairs and shall be comprised as follows

Chairperson	Webmaster and Social Media Editors
General Secretary	Clothing Secretary
Membership Secretary	Treasurer
Time Trial Secretary	Track Secretary
Road Race Secretary	Social Secretary
Ride Leaders	News Editor
Members Without Portfolio	Off-road Secretary
Instagram Manager	Welfare Officer
Ride Secretary	Women's Ambassador

   b) Five members of the Management Committee shall form a quorum which should always include one of either of the Chairperson, Treasurer or General Secretary.

c) Officials will be expected to send reports to the General Secretary prior to meetings of the Management Committee.

d) The Management Committee has the power to replace retiring officials and to co-opt non voting members.

e) The Management Committee shall meet as deemed necessary.

8. MEMBERSHIP

a) Classes of membership of the club shall be under 18, senior, family and senior second claim. Family membership shall carry only one vote in club proceedings.

b) Membership of the club shall be open to anyone interested in the sport on application, regardless of age, ability or disability, gender, race, religion, ethnic origin, sexual orientation, marital or gender status . However, limitation of membership according to available facilities is allowable on a non-discriminatory basis:

- The club may have different classes of membership and subscription on a non-discriminatory and fair basis. The club will keep subscriptions at levels that will not pose a significant obstacle to people participating.
- The club committee may refuse membership, or remove it, only for good cause such as conduct or character likely to bring the club or sport into disrepute.
- Appeal against refusal or removal may be made to members of the committee.

c) Only first claim members of the club shall be eligible to :

i) hold office in the club
ii) vote in club proceedings
iii) claim club records

d) Only members who are “first claim members” of the club at the time of competing in the event or series of events for any club trophy or award shall be eligible to be recorded as the winner and presented, subject to Rule #11 at the time of presentation, with the trophy or award.

e) Life membership may be purchased after continuous first claim membership over 10 years by a single payment of :

15 times the senior fee if aged 35 years or more on 1st January
10 times the senior fee if aged 45 years or more on 1st January
5 times the senior fee if aged 55 years or more on 1st January

f) Honorary life membership may be conferred upon members of the club by a two-thirds majority of the Annual General Meeting. This distinction shall be confined to members who have given long and outstanding service to the club and nominations for such membership shall only be on the recommendation of the committee.

9. SUBSCRIPTIONS

a) For new members, annual membership begins when payment is received and the first year of membership ends on the final day of the same month the following year. For example, a new member joining on the 10th March 2014 will have membership to the 31st March 2015. Membership renewals are for 12 months from the end of the previous membership period.

b) Subscriptions shall be paid before the member enters any competitive event or votes at any general meeting.

c) Your membership will be renewed automatically upon the annual expiry of your membership. Where possible payment will be taken automatically from you, but you will have 14 days from the date of any payment being taken to cancel your membership. In such case you will be reimbursed for any payment taken. Your notice to cancel your membership must be made in writing to the membership secretary at membership@fccc.org.uk

d) Any member whose subscription remains unpaid one calendar month after the end of their annual membership period shall be deemed to have resigned.

e) A member "under 18", or in full-time education must be under 18 at the time of paying his or her subscription. He or she becomes due for senior membership subscription on 1st January following the date of attaining 18 years of age, unless remaining in full-time education. Family membership shall be available for parents and for any children who, at the date the subscription is due, are under the age of eighteen.

f) Club subscriptions shall be reviewed annually at the Annual General Meeting and notice to this effect shall be included on the Agenda with the committee's recommendations.

Notes:

1. Members wishing to race must ensure that they have continuous membership through the racing year.
2. Open TT riders must be paid-up club members.

10. DISCIPLINARY ACTION

1. Any member of the club committing any action which is considered by the committee to be detrimental to the best interest of the club shall be given a first warning in writing. In the event of a subsequent offence, the committee reserves the right, having heard all the facts, to invite the member to resign from the club. In the event the member declines the request and refuses to resign then the club reserves the right to terminate their membership with immediate effect.
2. Where discussions on the forum or other club social media channels involve abuse, bullying, bad language or personal attacks, the following policy will apply:
    - First offence - post edited, moved or deleted and informal warning to those involved (to be done by website editor or moderator)
    - Second offence - the offending member will receive a formal written warning in line with rule 10.1 and a ban from posting in the respective channel (the length of the ban to be decided by the committee)
    - Third offence - those involved will be asked to resign in line with rule 10 (decision by the committee)
3. Except for cases dealt with within 10.1 and 10.2 above, we will investigate all reported cases of bullying and/or abusive behaviour within the club. Where any member is found to be guilty of bullying, abusive behaviour or any form of discrimination (as set out in the 'Social Inclusion, Fairness and Anti-Bullying Policy') to any other member, the club reserves the right to terminate their membership with immediate effect by giving written notice of its decision.

11. RETURN OF CLUB PROPERTY

Any club member resigning or failing to renew his or her membership shall, within fourteen days of ceasing to be a member, return to the General Secretary any club property, trophy or money that he or she may be holding at the time.

12. SPONSORSHIP

The club committee shall be responsible for all matters concerning sponsorship.

13. AMENDMENTS TO RULES AND REGULATIONS

a) Propositions to alter club rules and regulations can only be made at a general meeting of the club and must be made in writing, signed by the proposer and seconder, and be in the General Secretary's hands not less than 21 days before the meeting.

b) At the discretion of the Chairperson, amendments to propositions appearing on the Agenda may be received at the meeting.

c) In order to be carried, a proposition or an amendment thereto must obtain a two-thirds majority of members voting on the particular proposition or amendment.

14. GENERAL MEETINGS

a) The Annual General Meeting shall be held before the end of February each year. Written notice must be given to members not less than one month before the date of the meeting.

b) Propositions for the Agenda and nominations for officers and committee shall be in the General Secretary's hands not less than 21 days before the meeting, and the Agenda in members' hands not less than 7 days before the meeting.

c) The quorum for all general meetings shall be 20 members or 20% of the membership eligible to vote at the date of the meeting, whichever is the smaller.

d) Members may also vote by proxy (nominating either the chairperson or a club member) if they cannot attend the meeting. Proxy votes may be sent by letter or e-mail to the General Secretary prior to the date of the meeting.

e) If a quorum is not present within half-an-hour of the published time, the meeting shall be postponed and members advised of a new date, time and venue within 7 days. If a quorum is not then present within half-an-hour of the published time, the meeting shall proceed in the normal way.

f) If any item on the Agenda cannot be dealt with in the available time of the meeting, the unfinished business shall be dealt with at a further meeting, and members present advised of the arrangements for that meeting.

g) The committee shall have the power to call a general meeting of members. In addition, a general meeting may be called at the written request of not less than 10 per cent of the membership eligible to vote. Twenty one days' notice of such meeting must be given to members, together with details of the subject matter.

h) Propositions, other than in rule 13 above, shall only require a simple majority of those members voting.

15. FINANCE

a) The Treasurer shall be responsible to the committee for the financial affairs of the club.

b) The Treasurer shall present an audited income and expenditure account, balance sheet and financial report to the membership, which shall be included with the Agenda for the Annual General Meeting, or as otherwise required.

c) Two auditors, who are not committee members, shall be appointed at the Annual General Meeting.

16. GRANTS TOWARDS MEMBERS' EXPENSES

The committee shall be empowered to cover a proportion of the expenses incurred by members riding in special or prestigious events, e.g. National and other championships, where such expenses are greater than the members concerned would normally incur in the furtherance of their sport.

17. DISSOLUTION

If a proposal to dissolve the club is passed at a General Meeting of members, the Executive committee shall have the power to realise any assets held by or on behalf of the club. Any assets remaining after the satisfaction of any proper debts and liabilities shall be given or transferred to such other cycling or recreational organisations, charitable institutions or institutions having objects similar to the objects of the club as members may determine, or failing that shall be applied for some charitable purpose.

18. CYCLE HELMETS

The wearing of a suitable cycle helmet is compulsory on all club rides.

19. OFFICIATING IN EVENTS

The promotion and organisation of all cycling events requires volunteers, therefore in recognition of the benefit provided to club members through these activities, each first claim member who competes in registered events organised under the rules of the relevant controlling bodies should volunteer to act in an official capacity in at least one of the registered events organised/promoted by the club in each calendar year.

REGULATIONS GOVERNING CLUB TROPHIES AND AWARDS

Trophies

Unless otherwise stated, the club trophies are permanent trophies of the club, awarded to the winner for one year, together with a commemorative medal. Where no trophy exists for a championship listed below, a gilt medal shall be awarded to the winner of that championship.
All awards are made annually, provided that at least one eligible rider completes the qualifying event(s).
When the trophy is won by an overseas rider, the trophy must remain in the custody of the club.

Club championship events

The committee will nominate by 31st March each year, the events to count for club championships, excepting those championships already linked to specific events in these regulations.

Qualifying events

Performances qualifying for awards not linked to specific events must be set in events promoted by, or under the regulations of, organisations to which the club is affiliated.
All eligible rides for club trophies, standards and B.A.R. competitions shall be made between 1st November and 31st October.

Junior and youth qualifying ages

For all competitive purposes, a youth must be under the age of 16 years on the day of the event. A competitor becomes a junior on his or her sixteenth birthday and remains eligible to compete as a junior until 31st December of the year in which his or her eighteenth birthday occurs.

Claiming of awards

The onus of claiming an award shall be upon the rider concerned and not the responsibility of any club official and must be claimed no later than 31 December. Riders who consider that they may be eligible for an award shall submit to the relevant club official such written or printed information that may be required to substantiate his or her claim. The only exceptions are the winners of individual club championships in road, track and time trial events, for which club officials shall be responsible.

List of awards – (note : numbers following some awards are for cross-reference to the separate engraving list)

B.A.R. Championship Trophy (Presented by Camberley Traders) (1)

a) Awarded to the member with the fastest average speed at 25, 50, and 100 miles and over 12 hours.
b) The times achieved by a member shall be in any CTT type “A” event

The Dowling Trophy (Presented by R. Dowling Esq) (2)
Awarded to the lady member attaining the fastest average of the average speeds in any two 10-mile and two 25-mile CTT type “A” events.

Junior B.A.R. Trophy (Presented by R. Lorkin Esq) (3)
Awarded to the junior member attaining the fastest average of the average speeds in any two 10-mile and two 25-mile CTT type “A” events.

Youth B.A.R. Trophy (4)
Awarded to the youth member having the fastest average speed over 10 and 25 miles in any CTT type “A” events.

“Glider” Veterans’ Championship Trophy (5)
(Presented by A.J. Rumble Esq, and re-presented by P. Smith Esq (1952) as the B.A.R. Trophy)
Awarded to the veteran member with the highest standard, calculated in accordance with the National VTTA formula, over 25, 50 and 100 miles and 12 hours, in CTT type “A” events.

The Senior Men's Road Race Bowl (6)

Awarded to the senior male member scoring the greatest number of British Cycling points in road and circuit races, all eligible events to count, between 1st December and 30th November. The points awarded will be in accordance with the current BC rules for that particular year. To be considered for the trophy, riders must produce evidence of their positions in events throughout the season to the Road Race Secretary not later than 1st December in each year. If no senior member scores any points, the trophy will be awarded to the senior who has finished the greatest number of races.

The Women's Road Race Trophy (7)
The regulations to be as for the Senior Men's Trophy, inserting "woman" in place of "senior male" or "senior".

The Junior Road Race Trophy (8)
The regulations to be as for the Senior Men's Trophy, inserting "junior" in place of "senior male" or "senior".

The John Bull Tyre Challenge Trophy (Presented by the John Bull Tyre Company) (9)
Awarded to the rider recording the fastest actual time in the Farnborough and Camberley C.C. Open 25-mile time trial [Note: this award is open to *all* riders in the event.]

Senior 10 mile Championship Trophy (10)
Awarded to the senior member recording the fastest actual time in the event nominated by the committee for the purpose of the club's 10-mile championship.

25 mile Championship Trophy (11)
Awarded to the member recording the fastest actual time in the event nominated by the committee for the purpose of the club's 25-mile championship.

30 mile Championship Trophy (12)
Awarded to the member recording the fastest actual time in any open 30 mile event.

50 mile Championship Trophy (13)
Awarded to the member recording the fastest actual time in any open 50 mile event

The B.S.A. '100' Challenge Trophy (Presented by B.S.A. Cycles Ltd. In 1937) (14)
Awarded to the member recording the fastest actual time in any open 100-mile event.

The Farnborough Traders' 12-hour Trophy (Presented by the Farnborough Traders in 1938 and re-presented by P.Smith in 1952) (15)
Awarded to the member covering the greatest mileage in any open 12-hour time trial.

24-hour Championship Trophy (16)
Awarded to the member covering the greatest mileage in any open 24-hour time trial.

Youth 10 mile Championship Trophy (17)
Awarded to the youth member recording the fastest actual time in the event nominated by the committee for the purpose of the club's 10-mile championship.

Junior 10 mile Championship Trophy (18)
Awarded to the junior member recording the fastest actual time in the event nominated by the committee for the purpose of the club's 10-mile championship.

Ladies' 10 mile Championship Shield (19)
Awarded to the lady member recording the fastest actual time in the event nominated by the committee for the purpose of the club's 10-mile championship.

Veterans' 10 mile Championship (20)
Awarded to the veteran member recording the fastest on standard in the event nominated by the committee for the purpose of the club's 10-mile championship.

Veterans' 25 mile Championship (39)
Awarded to the veteran member recording the fastest on standard in the event nominated by the committee for the purpose of the club's 25-mile championship.

Ladies' 25 mile Championship (41)
Awarded to the lady member recording the fastest actual time in the event nominated by the committee for the purpose of the club's 25-mile championship.

The "Saddle" Trophy Presented by G. Sharp Esq (21)
Awarded to the youth member recording the fastest actual time in the club's Open 10-mile time trial.

The A.J. Rumble Memorial Trophy (22)
Awarded to the team of two youths from the same school, which is within a 20 mile radius of Farnborough main railway station who record the fastest time in the Farnborough and Camberley C.C. Open 10 mile time trial.

Hill-climb Trophy (23)
Awarded to the member recording the fastest actual time in the event nominated by the committee as the championship event.

Youth Hill-climb Trophy
Awarded to the Youth member recording the fastest actual time in the event nominated by the committee as the championship event.

Junior Hill-climb Championship (40)
Awarded to the Junior member recording the fastest actual time in the event nominated by the committee as the championship event.

Ladies Hill-climb Championship
Awarded to the Lady member recording the fastest actual time in the event nominated by the committee as the championship event.

Veterans Hill-climb Trophy (43)
Awarded to the Veteran member recording the fastest actual time in the event nominated by the committee as the championship event.

The Hanover Shield (24)
Awarded to the junior or youth member who records the lowest aggregate of two times in the first four evening 10 mile club time trials of the season.

The Wolmer Cup Presented by Lord Wolmer M.P. in 1924 (25)
Awarded to the member who records the lowest aggregate time in time trial events at 25, 30 and 50 miles in events nominated for this purpose by the committee.

The Consolation Cup Presented by L. Budd Esq (26)
Awarded to the member, who has not been awarded any other club trophy for the season, recording the fastest actual time in the club's 25-mile championship.

The Bispham Memorial Trophy (27)
Awarded to the fastest team of three riders in the Farnborough and Camberley C.C. Open 25 mile time trial, who are members of a club affiliated to London West District of Cycling Time Trials. The winning club shall hold the trophy for one year and shall be responsible for its safe keeping during the year.

The Encouragement Cup Presented by J. Bispham Esq. (28)
Awarded to the member who has shown, as proved through calculation by the time trial secretary, the greatest improvement in club time-trials over the season.

The Austral Trophy Presented by Gordon Phillips Esq in 1977 (29)
Awarded to the member recording the fastest actual time in any CTT type "A" 25-mile event, who is under 18 years of age on the day of the event.

The Club Championship Challenge Trophy (30)
Awarded to the member gaining the highest number of points from time trial events during the season. Points shall be awarded on the following basis to members riding in all club events.

Riders starting and finishing an event - 2 points
Riders starting but not finishing - 1 point

The John Pickers Memorial Trophy - (Clubman of the year) (31)
Awarded to the member who, in the opinion of club members, has rendered the greatest service to the club in the past year, such opinion to be expressed by a ballot of members.

The Ernie Bore Trophy (38)
Awarded to the most meritorious club member who was under 16 years of age during the current season. Nominations must be submitted to the committee by 31st October.

The Sportive Trophy (37)
Awarded to the member with the greatest total distance ridden in Sportives and Audaxes. The time period to be 12 months from 1st October to 30th September.

The Senior Men's Surrey League Road Race Trophy (36)
Awarded to the senior male member scoring the greatest number of Surrey League points in road and circuit races, all eligible events to count between 1st December and 30th November. The points awarded will be in accordance with the current Surrey League rules for that particular year. To be considered for the trophy, riders must produce evidence **of their positions in events throughout the season to the Road Race Secretary not later than 1st December in each year. If no senior member scores any points, the trophy will be awarded to the senior who has finished the greatest number of races.**

The Veteran Men's (BMCR) British Masters Cycle Racing Trophy (35)

Awarded to the veteran male member scoring the greatest number of series points in road and circuit races, all eligible events to count between 1st December and 30th November. The points awarded will be in accordance with the current BMCR (South East) series rules for that particular year. BMCR was formerly known as LVRC. To be considered for the trophy, riders must enter a minimum of five races, one of which must be a road race (non circuit) and produce evidence of their positions in events throughout the season to the Road Race Secretary not later than 1st December in each year. If no veteran member scores any points, the trophy will be awarded to the veteran who has finished the greatest number of races within the series.

The Surrey League Veteran Men's Trophy (42)

Awarded to the veteran male member scoring the greatest number of series points in the veteran's series, all eligible events to count between the 1st December and 30th November. Points awarded will be in accordance with the series rules for that particular year. To be considered for the trophy, riders must enter a minimum of four races and produce evidence of their positions in events throughout the season to the Road Race Secretary not later than 1st December in each year. If no veteran member scores any points, the trophy will be awarded to the veteran who has finished the greatest number of races within the series.

The Men's Road Bike 10 Mile Time Trial Trophy (44)

Awarded to the male member recording the fastest actual time in the 10 mile event nominated by the committee for the purpose of the club's road bike 10 mile time trial championship. The definition of a road bike to be set by the committee for the event.

The Ladies' Road Bike 10 Mile Time Trial Trophy (45)

Awarded to the lady member recording the fastest actual time in the 10 mile event nominated by the committee for the purpose of the club's road bike 10 mile time trial championship. The definition of a road bike to be set by the committee for the event.

The Cyclo-Cross Trophy (46)

Awarded to the member scoring the greatest number of British Cycling points in cyclo-cross races, all eligible events to count, for the twelve month period between 1st February and 31st January inclusive. The points awarded will be in accordance with the current BC rules for that particular year. To be considered for the trophy, riders must produce evidence of their points for events throughout the season to the Off-Road Secretary not later than 7th February in each year.

The MTB Trophy (47)

Awarded to the rider who, as a first claim club member, completes the most kilometres whilst completing rides that are principally conducted "off-road" i.e. not on the public highway, but on non-paved tracks, bridleways, paths, and byways, from January 1 to December 31 in the preceding year. Riders must produce evidence to support their claim to the Off-Road Secretary, who shall be the final arbiter in deciding on the validity of the claim, not later than 7th February in each year.

The Zwift Racing Trophy (48)

Eligibility to be decided by the committee.

The Veterans' Road Bike 10 Mile Time Trial Trophy (49)

Awarded to the veteran member recording the fastest on standard in the event nominated by the committee for the purpose of the club's road bike 10 mile time trial championship. The definition of a road bike to be set by the committee for the event.

TRACK CHAMPIONSHIPS

Track championships will be contested in events organised annually for that purpose at Palmer Park velodrome Reading.

The 500 metres Club Championship Trophy Presented by J.R.Turvill Esq. (32)
Awarded to the winner of a sprint race over a distance of 500 metres.

The Individual Pursuit Club Championship Trophy (33)
Awarded to the member recording the fastest time in a pursuit race over a distance of 8 laps.

The Veterans' Sprint Trophy Presented by H. Christopher Esq. (34)
Awarded to the winner of the veterans' sprint race over 500 metres.

The Veterans' Pursuit Championship
Awarded to the veteran member recording the fastest time in a pursuit race over a distance of 8 laps.

The Ladies' Sprint Championship
Awarded to the winner of a ladies' sprint race over a distance of 1 lap.

The Ladies' Pursuit Championship
Awarded to the lady member recording the fastest time in a pursuit race over a distance of 6 laps.

The Junior Sprint Championship
Awarded to the winner of a sprint race for juniors over a distance of 1 lap.

The Junior Pursuit Championship
Awarded to the junior member recording the fastest time in a pursuit race over a distance of 6 laps.

The Youth Sprint Championship
Awarded to the winner of a sprint race for youths over a distance of 1 lap.

The Youth Pursuit Championship
Awarded to the youth member recording the fastest time in a pursuit race over a distance of 4 laps.

STANDARDS

Men, Women, Junior (Boys and Girls) and Youth (Boys and Girls)

a) Medals shall be awarded for Gold, Silver and Bronze Standards. A member gaining three or more standards may be awarded a plaque.
b) All rides (excluding private time trials) in affiliated association, open and Farnborough & Camberley C.C. club events shall be eligible.
c) Payment of an appropriate fee shall be made before attempting a standard. The fee for attempting a standard shall be £1.00 per distance per season, but a member may pay one amount of £4.00 to cover attempts at all distances. No fees are payable by youths attempting standards, nor is prior application required.
d) The actual riding time, including any time added for a late start, shall count for standard attempts in fixed distance events.
e) A member must beat his or her previous best at the distance to qualify for a first, or any subsequent standard.
f) If a member beats two or more standards for the same distance in one season, he or she shall only be awarded the highest.
g) The actual time or distance recorded shall be engraved on the back of standard medals.
h) Standard times shall be as follows :

MEN	10	25	30	50	100	12hr	24hr	BAR mph*
Gold	22.30	58.00	1.10.00	2. 2.00	4.20.00	250	440	24.00
Silver	24.00	1. 2.00	1.15.00	2. 9.00	4.30.00	230	410	22.50
Bronze	25.30	1. 6.00	1.18.00	2.15.00	4.40.00	210	380	21.00
WOMEN								
Gold	26.00	1. 6.00	1.21.00	2.17.00	4.45.00	220	390	22.50
Silver	27.30	1. 9.30	1.25.30	2.23.30	5.00.00	210	370	21.50
Bronze	29.00	1.14.00	1.30.00	2.33.00	5.10.00	195	350	20.50
JUNIOR BOYS								
Gold	23.30	1. 2.00	1.15.00	2. 8.00				24.50
Silver	25.30	1. 5.00	1.20.00	2.15.00				23.00
Bronze	27.30	1. 8.00	1.25.00	2.22.00				21.50
JUNIOR GIRLS								
Gold	27.30	1. 9.30						
Silver	29.00	1.13.30						
Bronze	30.30	1.17.30						

NOTE : BAR mph is based on club championship qualifying distances.

YOUTHS

i) Age group is the age of the rider on the day of the event.
ii) Claims must be in writing accompanied by the relevant result sheet(s). Only one Award may be gained in each age group.

	Under 13yrs	Under 15yrs	Under 16yrs	Under 16yrs
BOYS	10	10	10	25
Gold	28.00	26.00	25.00	1. 4.00
Silver	30.00	27.30	26.30	1. 8.00
Bronze	32.00	29.00	28.00	1.12.00
GIRLS				
Gold	31.00	29.00	28.00	1.12.00
Silver	33.00	30.30	29.30	1.16.00
Bronze	35.00	32.00	31.00	1.20.00

CLUB RECORDS

a) Club time trial records shall be recognised for the following categories and distances :

Tandem	Men	Women	Veterans*	Junior	Youth
10	10	10	10	10	10
-	-	15	-	15	15
25	25	25	25	25	25
30	30	30	30	30	
50	50	50	50		
100	100	100	100		
12hr	12hr	12hr	12hr		
24hr	24hr	24hr	24hr		

*actual and standard

b) A member breaking a record shall be awarded a suitable memento, except that any member breaking a record at any one distance more than once in the same B.A.R. year shall be awarded a memento for the fastest ride only.

c) If a club record is broken by a member and if it can be substantiated by printed evidence, whether the member breaking the record makes a claim or not, such a record shall be ratified by the committee and recorded in the club's record book.

d) Tandem records shall be recognised for the separate categories of male, female and mixed pairs at all distances and times specified under "Tandem" in the above schedule.

PLACE TO PLACE RECORDS

a) All categories are eligible to ride any place-to-place attempt, except that youths are restricted to the Hindhead-and-back and Wokingham-and-back records.

b) At least one timekeeper and one turn marshal shall be used. The timekeeper shall be approved by the committee.

c) If two or more riders in the same category attack the same record on the same day, there must be an interval of 30 minutes between any two start times.

d) All riders must be unpaced.

e) The entry fee of £1.00 per rider for each attempt must be in the hands of the time trial secretary at least three days before the attempt.

f) Home marker shall be the front of St. Mark's Church, Farnborough.

Turns for records are as follows :

Hindhead and back	One hundred yards short of traffic lights on any approach.
Wokingham and back	Wokingham Town Hall
Winchester and back	King Alfred Memorial
Portsmouth and back	Main gates to H.M.S. Nelson in Queen Street.
Banbury and back	Banbury Cross

N.B. (January 1991) In view of the current official policy towards U-turns, this may have to be revised.

g) To break a record a rider must break the previous record by at least one second (after rounding up).

h) All successful record attempts shall be recognised by the presentation of a certificate or certificates.

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FARNBOROUGH & CAMBERLEY CC - REIMBURSEMENT OF EXPENSES

This Policy was approved by Farnborough & Camberley CC Committee on 5 April 2017 and is applicable from this date onwards.

Principle

The activities of Farnborough & Camberley CC are organised by unpaid volunteers (typically Club members, and occasionally their family or friends). While it is expected that organisers' time is provided "gratis", with no payment being offered it is accepted that reasonable "direct out of pocket expenses" should be reimbursed on request. It is up to members to decide for themselves whether or not to make such requests.
This policy seeks to detail how the principle is to be applied in practice.

Practice

Such expenses might include, but are not limited to:

- Organiser's travel to events and meetings where they are formally representing the Club (travel by car, public transport; parking, etc.)
- Stationery (inc. postage costs)
- Venue hire (e.g. village halls for event HQs, approved social gatherings)
- Equipment purchase (race numbers, event signage, etc.)

Wherever possible, expenditure should be invoiced directly to the Club, thus avoiding the need for personal expenditure. Any large or unusual expenditure (whether incurred personally by organisers or directly by the Club) should be pre-approved by the Club Treasurer and, where the Treasurer feels it necessary, also by the Club Committee.

Personal expenditure can be reclaimed on request to the Club Treasurer, who is authorised by the Club to approve such requests and arrange payment. Items for reimbursement should include date of expenditure, description and cost. Receipts or paid invoices should be made available wherever possible, although it is recognised that this is not always appropriate. Claims should be made only after the cost has been incurred.

Ideally claims would not be submitted to the Treasurer until the cumulative total to be reimbursed exceeds £20.

All such expenditure should be contributing to the organisation of the Club or its events and does not include any costs associated with taking part in a competitive, training or social event. Only additional costs of organisation over and above those naturally incurred in taking part should be claimed. For example, a marshal of an Open Club Time Trial event who is pushing off early riders may claim for driving out to the event but not if they are also riding as "last man".

Rather than attempt to legislate for every possible situation, Members are trusted to exercise common sense and integrity, and to seek guidance from the Club Treasurer if they are unsure.

Mileage rates to cover the direct cost of fuel are 25p per mile.

Social Inclusion, Fairness and Anti-Bullying Policy

FCCC is a wholly inclusive Club that wishes to promote cycling across all segments and cross-sections of society.

Our aim is to offer and enable equality inclusion for everyone whatever their age, culture, disability, gender, language, racial origin, religious belief, sexual identity and/or gender identity (including both transgender and non-binary identification).

We operate a 'fairness to and for all' policy and will not tolerate any forms of abuse, bullying, anti-social behaviour (in all their collective, various forms - defined below) or discrimination (Racial, Sexual, Physical or Emotional).

Definition of Bullying, Abusive or Anti-Social Behaviour

Any action(s), words or deeds of cruelty or violence (whether intentional or not) of any member of the club which taken individually or collectively results in another member actually being, inter-alia, belittled, diminished, abused, bullied, harassed, attacked, provoked, chastised, antagonised, berated, threatened, victimised or injured either emotionally, psychologically or physically.

While bullying, abuse or other forms of anti-social behaviour is normally associated with a repeated or recurring behaviour the club reserves the right in extreme cases to base its determination on any single event, set of words, action or deed.

The club committee will investigate any and all cases of reported abuse or discrimination within the club subject to the club's own disciplinary procedures (set out in in Clause 10 the Club's rules). Depending upon the specifics of the case it may, at times, be necessary to report the cases to the appropriate authorities (including, inter-alia, British Cycling, Social Services and/or the Police).

Law and Guidelines

We will follow all relevant Laws in conjunction with any formal guidelines issued by British Cycling.

This is a highly complex area of law.

Queries and/or Questions

If you have any questions or concerns you should raise them in writing with the committee at committee@fccc.org.uk

Reporting Cases of Abuse or Anti-policy behaviour

If you are aware of any occurrences that are in breach of this policy we request that you please raise them in writing with the committee at committee@fccc.org.uk